

1. Pray the prayer that Jesus taught

The Lord's Prayer is one of the most famous prayers in the world. It's a short and simple prayer that Jesus taught his closest friends, and it is still prayed by Christians around the world today. Read His words and make them your prayer...

**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.
Give us today our daily bread.
And forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation;
but deliver us from evil.
For the kingdom, the power and the glory are yours, now and
forever.
Amen.**

Try praying The Lord's Prayer again and this time put each sentence into your own words adding what you want to say to God today?

2. Write a message to God

What do you want to say to God today? Get some paper and a pen or open the notes on your phone. Write to God like you're messaging a friend. Tell God, how you're feeling, what you're thinking about, anything that's worrying you and what you want His help with.

Save your note or keep your letter in a journal. Practice this every day and get in the habit of reading your old messages to see how your feelings and circumstances have changed.

3. P. R. A. Y.

Use this simple acronym to help you talk to God:

P – Pause; breathe deeply and be still in God's presence.

R – Rejoice; what's been good today? Thank God for it.

A – Ask God to help you and those you care about.

Y – say Yes to God; welcome His love, His plans and His presence into your day.

Praying for St Peter's

Think about where our church serves the community.

- Sunbeams toddler group
- Spinners SEN group
- Youth group
- Coffee stop
- Ignite Families
- Keeping You Going food bags

Pray for those who come into our building

- Scouts and Cubs
- Slimming World
- Friday teas
- Saturday breakfasts
- Bingo and beetle nights
- Birthday parties

Our mission and ministries

- Alpha courses
- Home groups
- Sunday services
- Baptisms, weddings and funerals

The building

- Roof project
- Heating system
- New windows and doors
- Community garden

Our people

- Children
- Youth
- Young adults
- Older adults
- Seniors

Praying for Aylesham

- Give thanks for the good you've seen (Ps. 100:4)
- Bless the people and places doing important work (schools, food banks, councils, etc.) (Jer. 29:7)
- Listen to God – what direction does He give you for prayer? Are there Bible passages, promises, pictures or words that help direct your intercession? (Jam. 1:5)
- Ask God to give wisdom to the different kinds of leaders in your area (1 Tim. 2:1-2)
- Pray for God's Kingdom to come and His will to be done where there is deprivation or difficulty (Matt. 6:10)
- Cry out for God's Spirit to move, for the Church to be equipped for mission and for people to hear and respond the good news of Jesus. (Acts 2:1-41)

Pray for our nation

- Ask God to bring a new awakening and a move of the Holy Spirit throughout the UK. To bring revival and healing of the land and see a change
- Regularly pray for those who govern us. For the government and opposition parties. That the difficult decisions and policies are made and formed in a fair and just way. The devolved parliaments of Wales, Northern Ireland and Scotland and for county and district councils.
- Pray for the national churches for God to give them vision to bring the good news of the gospel to all people.
- Pray for the prosperity of the nation by making businesses efficient, people healthy through the NHS working better and for all transport, infrastructure and education services to be the best they can be.
- Ask that citizens would have good morals, be hard working and caring for their neighbours and their communities.
- Remember the armed forces, police forces, the emergency service and all those that work to keep us safe and secure.

Pray for the world

Across our globe, on a daily basis, situations unravel that will have a profound impact on individuals, communities and nations. When faced with a global situation, it can be difficult to know how to pray.

Try these simple ideas:

Acknowledge God's power

As humans, we can forget that ultimately, God has created the world and is not absent from it but all-powerful in it:

Psalm 24 *"The earth is the Lord's, and everything in it. The world and all who live in it."*

Pray for God's kingdom to come

The simplest prayer can be the most powerful:

"Your Kingdom Come, Your Will be done, On earth as in heaven"

Pray for individuals and communities

We're called to pray for others in our world facing challenges and difficult situations:

1 Timothy 2:1 *"I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people..."*

Pray for those in power

Leaders across our world are humans, just like us, who need prayer:

1 Timothy 2:2-3 *"... for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way"*

Pray for the church to continue to bring hope

As the global church, we have a message of hope that we can share far and wide, no matter what else is happening in our world:

2 Corinthians 4:17-18 *"...For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal."*